


by Sexuality&Disability 3 years ago

# The Enthusiasts

After conducting two workshops in Ahmedabad, we travelled over a hundred kilometers west to Surendernagar. Traversing the smooth roads, we were all excited to visit the Shree Pragnyachakshu Mahila Sewa Kunj and meet the girls who live there.

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@dis\_sexuality

Enroute Surendranagar. Workshop today is at Pragyachakshu, a residency with 300 visually-impaired females [#SexDis](#) [#workshop](#) [#Surendranagar](#)

3 YEARS AGO

 **Nidhi Goyal**  
@saysnidhigoyal

three hrs car ride from ahmedabad to Surendranagar -totally worth it. for a workshop with 36 bright [#visually](#) [#impaired](#) [#girls!!!](#) [#sexdis](#)

3 YEARS AGO

As we entered, we met Mukta Ben and Pankaj ji, who are the founding members of the organisation. We also met Reena ben who was coordinating the workshops, and generally takes care of the organisation.


After a breif conversation with the founding members, we went upstairs to the prayer hall. We were welcomed by with a beaded rosary made by the students of the Institute.



A very warm welcome by the Pragyachakshu family, [#Surendranagar](#) [#Gujarat](#) [#blind](#) [#workshop](#) [#SexDis](#) [#sexeducation](#) [pic.twitter.com/f51ldubqL6](https://pic.twitter.com/f51ldubqL6)

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After the beautiful welcome, we started with our usual ice-breaker. The girls were enthusiastic and aspirational. They wanted many things: from playing chess and cricket, to taking care of their families.

 **Nidhi Goyal**  
@saysnidhigoyal


i want to meet an [#RJ](#), i want to be a [#singer](#) i want to be a [#teacher](#)-who says that [#disability](#) kills ambition, desires, wants [#sexdis](#)

3 YEARS AGO

 **Nidhi Goyal**  
@saysnidhigoyal

i WANT to meet [#SALMAN](#) Khan...fantasies expressed by [#visually](#) [#impaired](#) girls [#sexdis](#)

3 YEARS AGO

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The girls dream to become cricketer, dancer, doctor, teachers, singers, doing jobs & helping their families & making parents proud [#SexDis](#)

3 YEARS AGO


During the ice-breaker, the girls even danced for us on request. Here is the quick glance of the performance!



State level chess player wants to become a chess champion while there's a budding dancer too!  
[#dreams #blind #SexDis pic.twitter.com/MEadYGfMh8](#)

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Then, we started with first session, on gender-based violence. As our counsellor Jasoda ben started interacting with them, we found that they had a lot of information about this kind of violence, which helped us to deeply discuss the issue.

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After the interesting ice-breaking session, Jasoda Rana from SWATI foundations takes a session on harassment & violence & legalities [#SexDis](#)

3 YEARS AGO



Jasoda discusses the kinds of abuses & violence that [#disabled](#) [#women](#) go through [#SexDis](#) [#violence](#) [#abuse](#) [#workshop](#) [pic.twitter.com/2hOW3FjsUV](https://pic.twitter.com/2hOW3FjsUV)

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Thanks to their knowledge, Jasoda ben felt confident about dividing them into groups, to give them case-studies for an in-depth discussion.



Follow us today with Surendernagar diaries. Girls discussing casestudies [#SexDis](#) [@dis\\_sexuality](#)  
[pic.twitter.com/6UCV17FYxF](https://pic.twitter.com/6UCV17FYxF)

SMRITI @SMRITI264 · 3 YEARS AGO



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[@dis\\_sexuality](#)

Case study abt workplace harassment -girls answer-case dakhil kare- social media- colleagues jode vaat - police case - fire manager [#SexDis](#)

3 YEARS AGO

Jasoda ben used the case studies as a springboard in order to discuss gendered biases, and how these are impacted by societal structures.




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Jasoda talks about the comparison between freedom given to girls vs boys and the discrimination due to rapes & molestation [#SexDis](#) [#workshop](#)

3 YEARS AGO


The girls were so curious that they started asking questions in the middle of the discussion. This really helped the discussion move forward smoothly.



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Q: If the girl has been [#raped](#) or [#molested](#), the boy is in fault but why does the girl or her parents have to face [#defamation](#) [#SexDis](#)

3 YEARS AGO

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[@dis\\_sexuality](#)

Q: After domestic abuse, if the girl is given death threats or suicide threats to keep her quiet, what legal actions can be taken? [#SexDis](#)

3 YEARS AGO

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[@dis\\_sexuality](#)


Q: If the boy is engaged with disabled girl but not ready to marry later, what should be done? Is there any legal act? [#SexDis](#) [#questions](#)

3 YEARS AGO

 [Sexuality&Disability](#)  
[@dis\\_sexuality](#)


Q: What if a govt. employee like police or doctor molests during checkup or questioning? [#SexDis](#) [#abuse](#) [#molestation](#) [#rape](#) [#legal](#) [#workshop](#)

3 YEARS AGO

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[@dis\\_sexuality](#)

[#Abortion](#) is woman's right, not a sin. Especially in cases of critical health condition & complications. Sex determination is wrong [#SexDis](#)

3 YEARS AGO

 [Sexuality&Disability](#)  
[@dis\\_sexuality](#)

Q: When sister's husband forces a relationship, what should be done ? Jasodaben talks about legal acts like 364 B and so on [#SexDis](#) [#legal](#)

3 YEARS AGO



The hesitation in girls while asking questions regarding [#rape](#) [#molestation](#) [#abuse](#) [#violence](#) [#SexDis](#) [#workshop](#) [pic.twitter.com/z4GHGzXWk0](https://pic.twitter.com/z4GHGzXWk0)

SEXUALITY&DISABILITY @DIS\_SEXUALITY · 3 YEARS AGO

[#sexdis](#) [Sexuality&Disability](#)  
@dis\_sexuality

Q: After parents expire, if a disabled is sold to another person, what can be done?Jasoda talks about human trafficking & legalities [#SexDis](#)

3 YEARS AGO

[#sexdis](#) [Sexuality&Disability](#)  
@dis\_sexuality

And Jasoda from SWATI foundation ends her session on abuse with the [#blind](#) girls of Pragyachakshu [#SexDis](#) [#workshop](#) [#training](#) [#gujarat](#) [#safe](#)

3 YEARS AGO

After the first session with Jasoda ben ended, we took a break for lunch. On our way, look what we came across:

બ્લાઇન્ડ ઓફ બ્યુટિફુલ

અરીસામાં જાતને ન જોઈ શકતી અંધ સુવાણીઓ સ્ટ્રીટી ફોગટેસ્ટમાં ઊતરી ત્યારે દર્શકોની આંખનાં ખૂસા ભીના ધઈ ગયા.

... અને ત્રિશુ ગુજરાતનો એનોર્ડ ધરો એ ઝાઝકોટના વી ડી. વાનિ અથ પડિલા વિલાસ મુઠ્ઠી પલ્લવી પાલવીને...!

આ

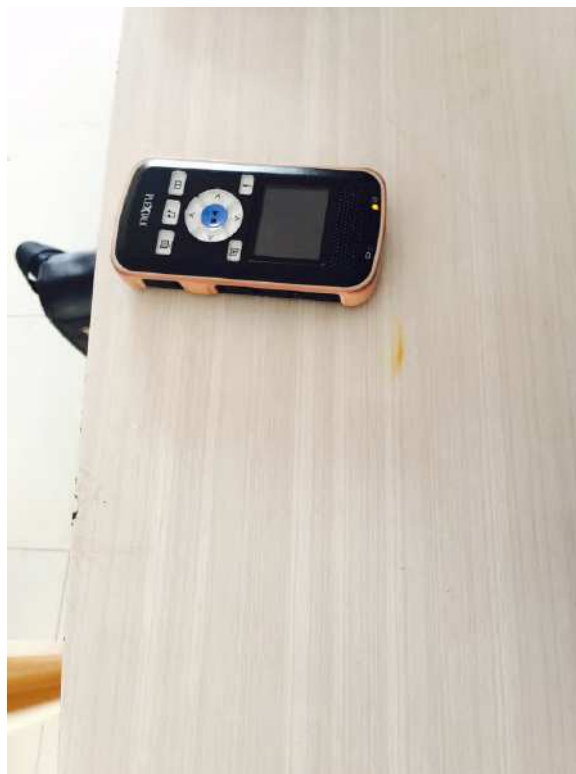
વિગતોમાં ૧૧ ડિસેમ્બર, ૨૦૦૬

Blind is Beautiful! Spotted at Pragyachakshu #SexDis #workshop #blind #training #sexeducation #fashion #beauty pic.twitter.com/1J2MbSUG70

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After the delicious Gujarati lunch, we went back to our second session led by Dr. Neha on the subject of understanding the body. The girls used their Daisy player to record the session. Have a look:





Visually impaired girl is recording the talks & workshop on daisy player [#technology](#) assistive device [#blind](#) [#SexDis](#) [pic.twitter.com/PA13EWQxEj](https://pic.twitter.com/PA13EWQxEj)

SEXUALITY&DISABILITY @DIS\_SEXUALITY · 3 YEARS AGO



Workshop on menstruation & sex education & waste disposal by @nehamuliya #SexDis #workshop #training #sexeducation [pic.twitter.com/UO6mqSORfa](https://pic.twitter.com/UO6mqSORfa)


SEXUALITY&DISABILITY @DIS\_SEXUALITY · 3 YEARS AGO

We busted myths and challenged norms during the discussion:

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Preponing periods due to religious functions & trips is the worst thing to do to your body.  
[#SexDis](#) [#sexeducation](#) [#blind](#) [#workshop](#) [#training](#)

3 YEARS AGO

 Sexuality&Disability  
@dis\_sexuality

Do not dry washed menstruation cloths under other clothes. It remains damp which is  
[#unhygienic](#) and unhealthy [#SexDis](#) [#menstruation](#) [#period](#)

3 YEARS AGO

Then, it was model show-time. The married woman participants were initially hesitant, but later actively supported their peers by talking about the body parts that were a subject of discussion. They giggled the most!



The shyness, giggles, laughter, blushes when the sex education begins! [#SexDis](#) [#sexeducation](#) [#training](#) [#workshop](#) [pic.twitter.com/vZObMz8OZs](https://pic.twitter.com/vZObMz8OZs)


SEXUALITY&DISABILITY @DIS\_SEXUALITY · 3 YEARS AGO



The sex education session in process. Rubber models being explained by [@nehamuliya](#) & [@saysnidhigoyal](#) [#SexDis](#) [#sexed](#) [pic.twitter.com/gWLNlxxu6T](https://pic.twitter.com/gWLNlxxu6T)


SEXUALITY&DISABILITY @DIS\_SEXUALITY · 3 YEARS AGO



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@dis\_sexuality


The calculation of [#menstruation](#) period & days in a month to know the safe sex dates! By [@nehamuliya](#) at Pragyachakshu [#SexDis](#) [#sexeducation](#)

3 YEARS AGO

 **Sexuality&Disability**  
@dis\_sexuality

Bleeding on first night of marriage is not a must. The hymen might tear due to sports activities too. [#SexDis](#) [#Sexeducation](#) [#myths](#) [#facts](#)

3 YEARS AGO

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@dis\_sexuality

What happens if we don't use condom? [@nehamuliya](#) talks about cons of not using condoms [#SexDis](#) [#sexeducation](#) [#cobdomtraining](#) [#workshop](#)

3 YEARS AGO

The girls actively participated in the condom training. The married women participants guided us once more!



Successful [#condom](#) [#training](#) for their [#safe](#) and [#better](#) [#future](#) [#SexDis](#) [#safesex](#) [#workshop](#) [#sexeducation](#) [#gujarat](#) [pic.twitter.com/exjBJt64r0](#)


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The Q&A began:

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@dis\_sexuality

Q: How do we take care that the condom does not tear or break? [#condom](#) [#training](#) [#SexDis](#) [#safesex](#) [#sexeducation](#) [#workshop](#) [#gujarat](#) [#blind](#)

3 YEARS AGO

 **Sexuality&Disability**  
@dis\_sexuality

Q: why is condom so greasy? What is condom made of? How do we know when a lady is pregnant? [#condom](#) [#training](#) [#SexDis](#) [#safesex](#) [#blind](#) [#girls](#)

3 YEARS AGO


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@dis\_sexuality

Talking about iron tablets and its importance for women's bodies [#SexDis](#) [#safesex](#) [#women](#) [#bodies](#) [#nutrition](#) [#iron](#) [#minerals](#) [#blind](#) [#workshop](#)

3 YEARS AGO

As the question answer round was extended, we decide to give them the situations for the role plays during the tea-break time.

During the tea break, we decided to present hypothetical situations to them to role-play.

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After the tea break, [@saysnidhigoyal](#) will talk about [#choice](#), self-esteem & [#relationships](#) in context of the disabled women [#SexDis](#) [#blind](#)

3 YEARS AGO





The skit session starts where @saysnidhigoyal has given topics and #blind girls groups are enacting it #SexDis #skit pic.twitter.com/sbVa0gJFbh

SEXUALITY&DISABILITY @DIS\_SEXUALITY · 3 YEARS AGO



A skit where students enact that a disabled girl gets depressed and sad due to rejection from a "normal" boy #SexDis pic.twitter.com/hcbDivKyPN

SEXUALITY&DISABILITY @DIS\_SEXUALITY · 3 YEARS AGO



An arranged marriage meeting in progress in skit enactment #SexDis #skit #training #workshop #blind #girls #Gujarat [pic.twitter.com/uYi2w1OBv4](https://pic.twitter.com/uYi2w1OBv4)

SEXUALITY&DISABILITY @DIS\_SEXUALITY · 3 YEARS AGO



Carib Bo  
@BoCaribbean

RT dis\_sexuality: An arranged marriage meeting in progress in skit enactment #SexDis #skit #training #workshop #bl... [goo.gl/gG2J5m](https://goo.gl/gG2J5m)

3 YEARS AGO

With the role-play, the concept of being 'normal' was questioned!




Sexuality&Disability  
@dis\_sexuality

When girls use the word "normal" they are questioned by @saysnidhigoyal about their normalcy & the right word - sighted #SexDis #selfesteem


3 YEARS AGO

Then, it was time to discuss relationships.

 [Sexuality&Disability](#)  
[@dis\\_sexuality](#)


Do we marry eyes or do we marry a person? [@saysnidhigoyal](#) asks y don't we take attraction, goodness into consideration, y only eyes? [#SexDis](#)

3 YEARS AGO

 [Sexuality&Disability](#)  
[@dis\\_sexuality](#)

[#Suicide](#) and [#death](#) are not a way out to deal with rejection for the disabled discusses [@saysnidhigoyal](#) [#SexDis](#) [#life](#) [#choice](#) [#relationships](#)

3 YEARS AGO

 [Sexuality&Disability](#)  
[@dis\\_sexuality](#)


Trust people and give them a chance but do not be dependent, become [#independent](#) - swavalambi says [@saysnidhigoyal](#) [#SexDis](#) [#relationships](#)

3 YEARS AGO

 [Sexuality&Disability](#)  
[@dis\\_sexuality](#)


Suspicion is not related to disability or gender. It is related to lack of [#trust](#) says [@saysnidhigoyal](#) [#SexDis](#) [#relationship](#) [#workshop](#) [#blind](#)

3 YEARS AGO

 [Sexuality&Disability](#)  
[@dis\\_sexuality](#)


While condom training, a girl was so bewildered and scared, she started chanting "ram ram ram" while opening the packet [#SexDis](#) [#reaction](#)

3 YEARS AGO

 [Sexuality&Disability](#)  
[@dis\\_sexuality](#)

There are pros & cons in everything, even when u select a sighted partner or disabled partner - says [@saysnidhigoyal](#) [#SexDis](#) [#relationship](#)

3 YEARS AGO

 **Sexuality&Disability**  
@dis\_sexuality

Amazing feedback from the participants and with a promise to come back here, we wrap up today's session at Pragyachakshu! [#SexDis](#) [#workshop](#)

3 YEARS AGO

The enthusiasm of the girls kept us there until 7 pm!